Think before you send...

Before you share a photo of yourself always think "would I be ok with anyone and everyone seeing this?"

If you share a 'nude' or 'underwear shot' even with someone you trust, you are not able to control who they send it to or where they save it.

It could end up online for everyone to see. Once it's gone, you can't get it back.

Can't undo, can't go back

It is an offence to request, send or share an image of anyone under the age of 18 which could be viewed by others as 'indecent' or 'explicit', even if the picture was taken and shared with permission.







