



HELLO!

LESSON QUESTION



LESSON TOPIC

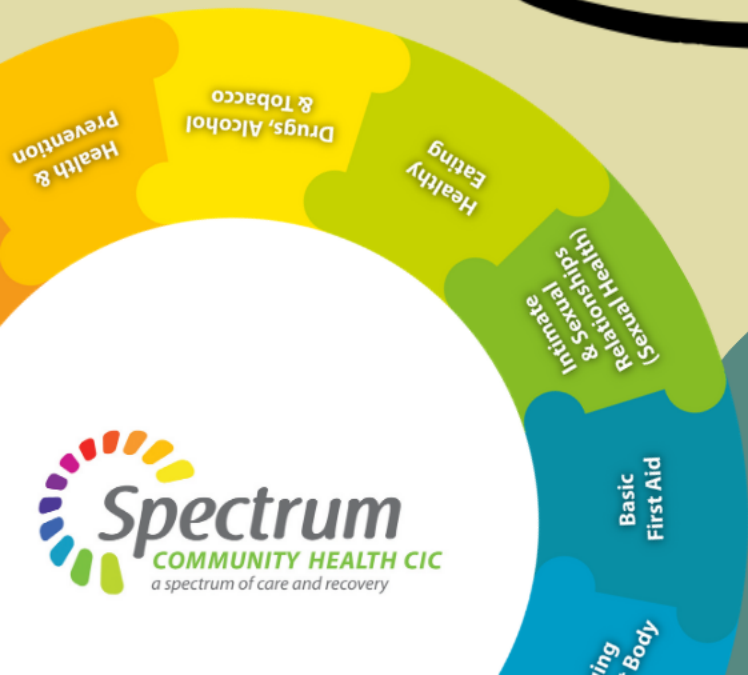
What impact does sexual harassment have on individuals and society?

# Sexual Harassment

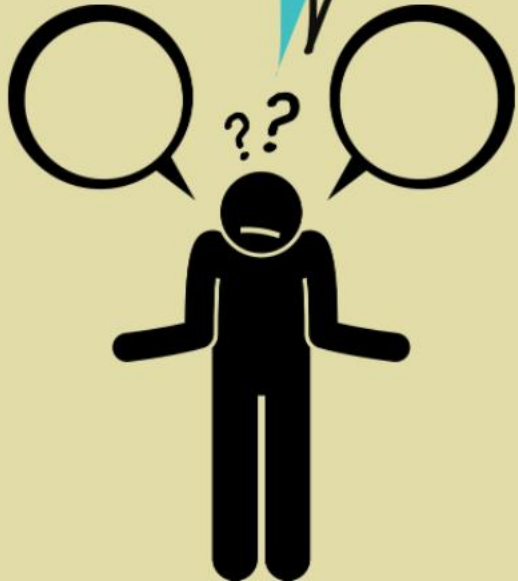
# CREATING A SAFE SPACE FOR RSHE

## Group Agreement

- | We will be kind - no put downs
- | We will respect each other
- | We will use inclusive and positive language
- | We will listen carefully, challenging the statement not the person
- | We will not ask or have to answer personal questions
- | We will not put anyone 'on the spot'
- | We will use correct terms for body parts and sexual activities
- | We will be sensitive to diversity, and be careful about making careless remarks
- | We will not talk about personal experiences



What is the definition of consent?



## Definition

'A person consents if he/she agrees by choice, and has the freedom and capacity to make that choice.'





TODAY WE ARE THINKING ABOUT ...

# Sexual Consent

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Is understanding the laws of consent enough?



@spectrumSHARP





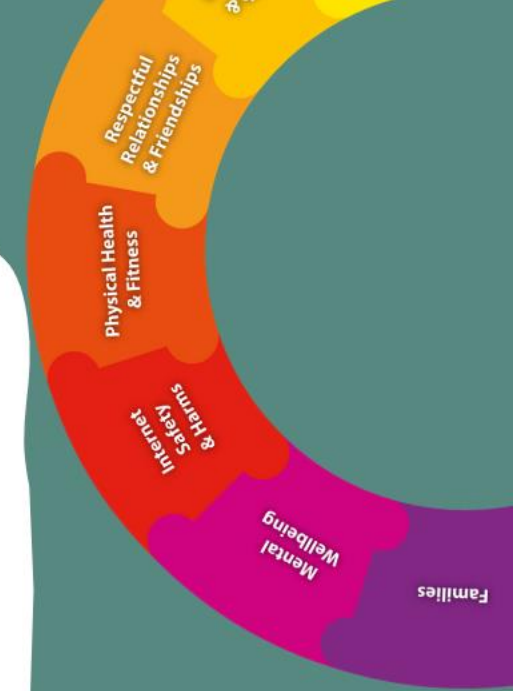
Q&A

What is sexual harassment?

What impact does sexual harassment have on individuals?

Who can I go to for help and advice?

# EXPLORING THE ISSUE OF SEXUAL HARASSMENT

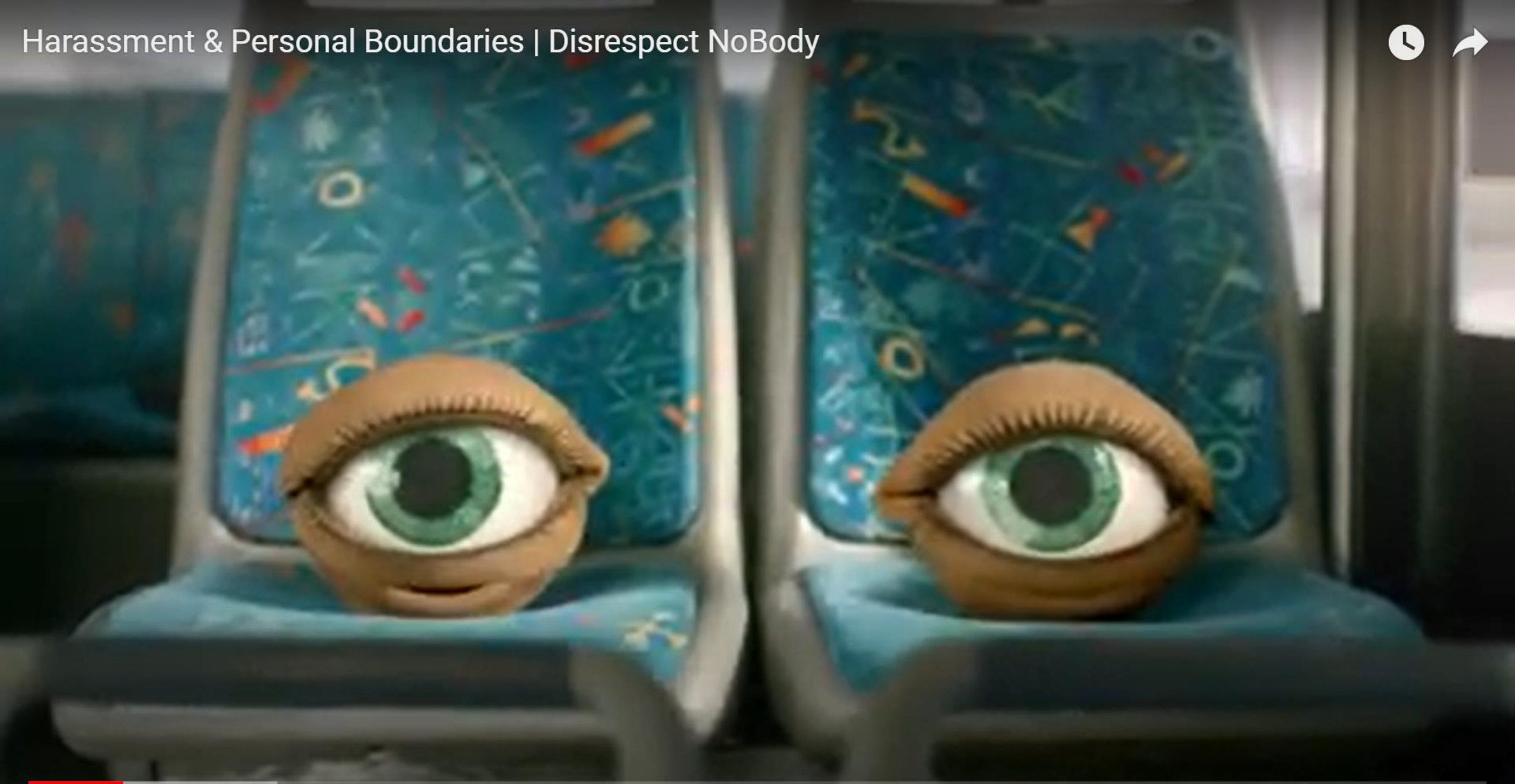




# **Sexual Harassment**



What does it mean? What  
does it look and sound like?  
Who does it happen to?



# Sexual harassment definition

“

Sexual Harassment is unwanted behaviour of a sexual nature (e.g. something sexual or related to your gender) which does any of the following:

- Violates your dignity (e.g. makes you feel disrespected)
- Makes you feel intimidated, degraded or humiliated
- Creates a hostile or offensive environment
- Sexual harassment can happen online and in person

”



Please complete the T/F questions and consider the harms associated with each one.

## HARASSMENT & CONSENT MYTHS

### SPECTRUM COMMUNITY HEALTH



#### LESSON QUESTION

What might happen if someone believes a myth?

#### LESSON TASK

Decide if the statements are TRUE or FALSE then discuss and write your reason

Are these statements TRUE or FALSE? Explain your answer	TRUE	FALSE	
1. The age of consent is going to be changed			
My explanation:			
2. Men think about sex every seven seconds			
My explanation:			
3. You only need consent for penetrative sex			
My explanation:			
4. Women can be raped or sexually assaulted by other women			
My explanation:			
5. Men of certain races and backgrounds are more likely to commit sexual violence.			
My explanation:			
6. You can get pregnant the first time you have sex			
My explanation:			
7. Once a man is sexually aroused, he can't help himself, he <u>has to</u> have sex			
My explanation:			
8. Men can be sexually assaulted			
My explanation:			
9. Women often lie about rape because they regret having sex with someone			
My explanation:			
10. Women sometimes say 'no' when <u>really</u> they mean 'yes'			
My explanation:			
11. Sex is the most important thing in any intimate relationship			
My explanation:			
12. If someone didn't scream or try to fight their attacker off, then it wasn't rape.			
My explanation:			
13. Women shouldn't go out at night alone			
My explanation:			
14. If you are in a relationship with someone, it's always ok to have sex with them			
My explanation:			

# IS THIS **SEXUAL** HARASSMENT?

Always

Sometimes

Never

Why might someone do this? What might be their intention?

Has consent been given in this scenario? Is consent needed?

How might someone feel if this behaviour was happening around them?

How might someone feel if this behaviour was directed towards them?

Does it make a difference what the genders of the people involved are?

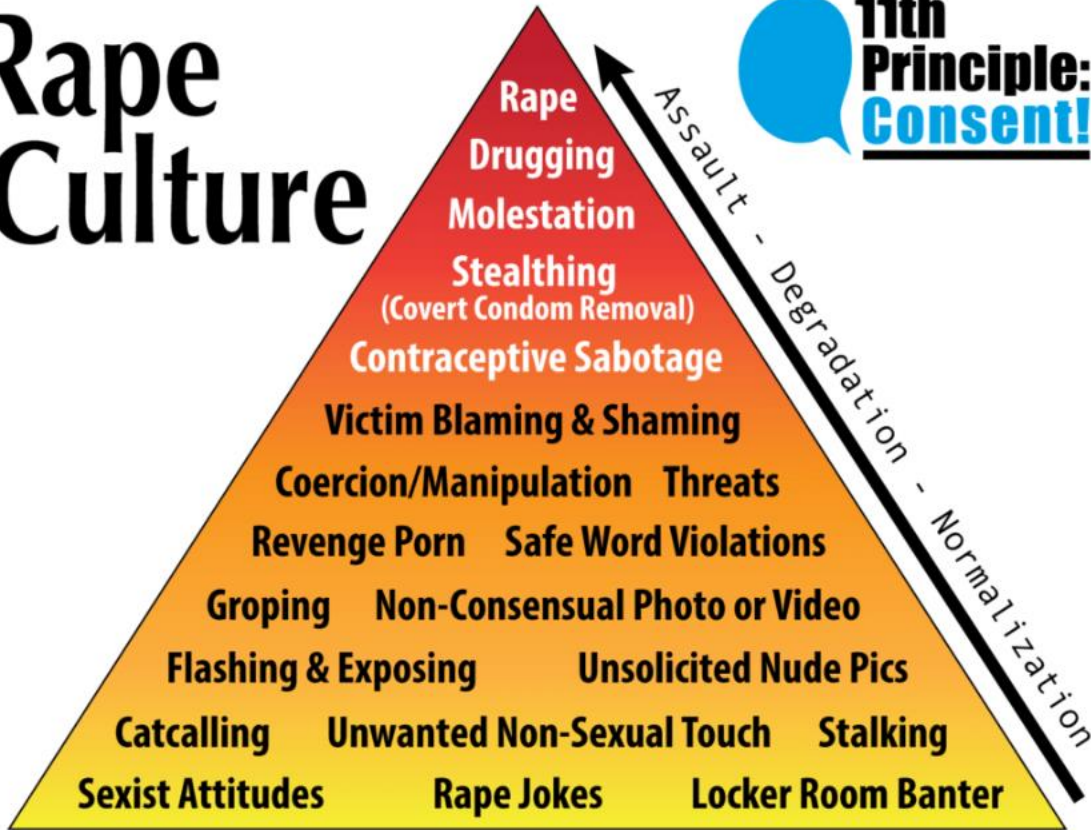
1. Commenting on someone's body size or shape
2. Commenting on someone's dress sense or personal appearance.
3. Making jokes about sex
4. Making jokes about rape
5. Calling someone a slapper/slag/whore
6. Looking at topless photos in the newspaper
7. Staring at someone's body for a long time
8. Pulling up a girls skirt or pinching her bra strap
9. Upskirting
10. Repeating rumours about someone's sex life or sexual identity
11. Touching someone's body
12. Making graphic remarks about sex (e.g. she would look good naked on my bed) within the earshot of others
13. Wolf-whistling and cat-calling

Read the list and think about which ones

- 1) violate someone's dignity
- 2) create a hostile environment



# Rape Culture

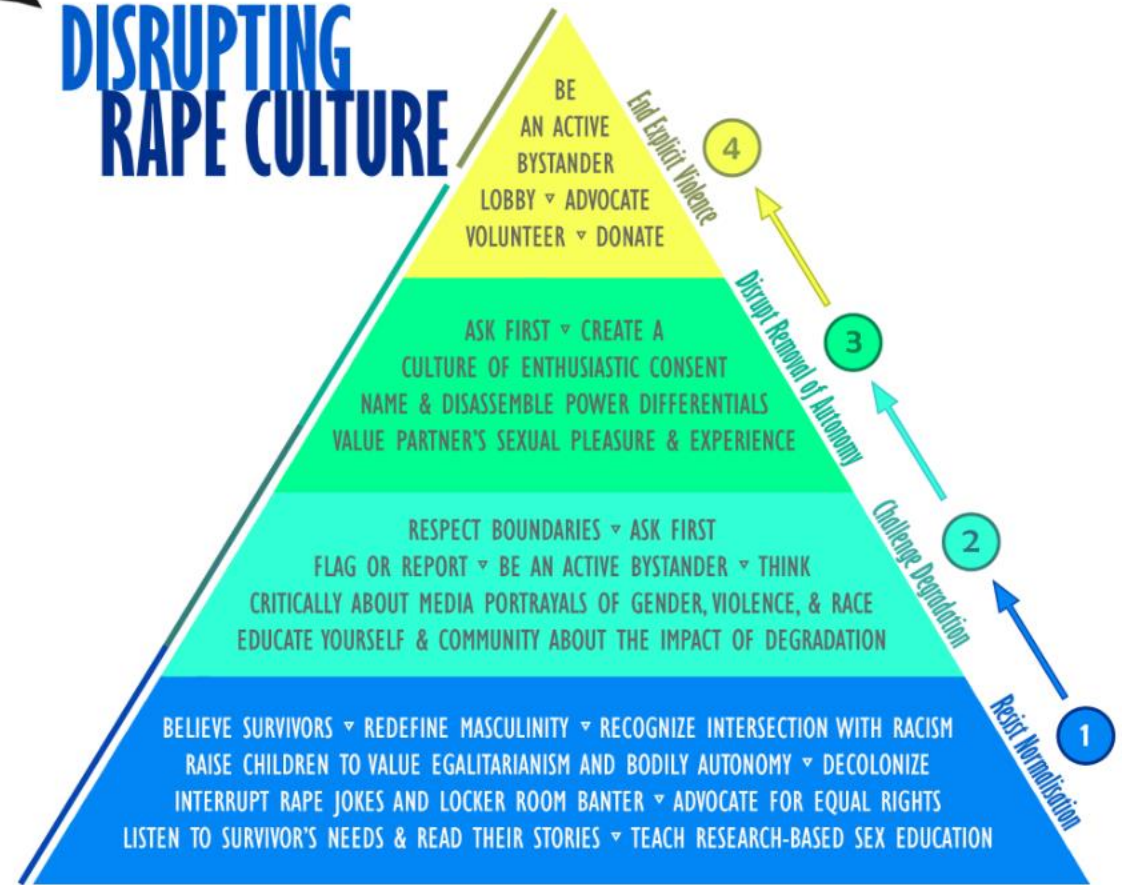


Tolerance of the behaviors at the bottom supports or excuses those higher up. To change outcomes, we must change the culture.

**If you see something, say something!**  
**Start the conversation today.**

[www.11thPrincipleConsent.org](http://www.11thPrincipleConsent.org)

# DISRUPTING RAPE CULTURE



All actions matter and reinforce each other to eliminate rape culture.

When you speak up it makes it easier for others to do the same. **STAND UP. SPEAK UP.**

Clare Soper & Margot Benarroch of  
**THE RESISTANCE**  
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# Agenda for change



How do you think sexual harassment should be addressed and what can we do to tackle these issues?

In groups create an agenda for change, containing steps you think are essential to reduce behaviours of sexual harassment in society.

"I was in yr 8 at the time and a boy in my year group grabbed my bum and my breast and he laughed it off I ran to the toilet and cried my eyes out when I told them what happened they laughed and told me it was normal I thought that it was okay and it happened to everyone and I only released how messed up it was when I was in yr10 now I have left school but I still struggle to deal with it and is very uncomfortable with any boys hugging me or being around me I never told my mum"

"I was sexually harassed at my school. I told my teachers, but they did nothing. Absolutely nothing."

"It was in P.E, and we were lining up. There was this boy behind me, and he slid his hand in my underwear and started feeling my bum, he wouldn't stop and the teachers weren't anywhere near us. It's been 11 years, and I don't think I can ever forget it."

"A girl repeatedly grabbed my bum around school and in class once shoved her hands down my pants and squeezed my balls whilst her friends laughed."

"Someone photoshopped my face onto a nude image and told people at school it was me. People tried to start sexual encounters with me and yelled crude things at me when I would walk home"

"A boy in my year He sits next to me in my math class He looks at me, so creepy He'll get closer and rub his hand up my inner thigh It makes me so uncomfortable, but I don't know who to tell"

"It was in P.E, and we were lining up. There was this boy behind me, and he slid his hand in my underwear and started feeling my bum, he wouldn't stop and the teachers weren't anywhere near us. It's been 11 years, and I don't think I can ever forget it."

## SCENARIO ACTIVITY

### IS THIS SEXUAL HARASSMENT?

Do you think the perpetrator knows this is sexual harassment?

What should the victim do and who could they speak to?

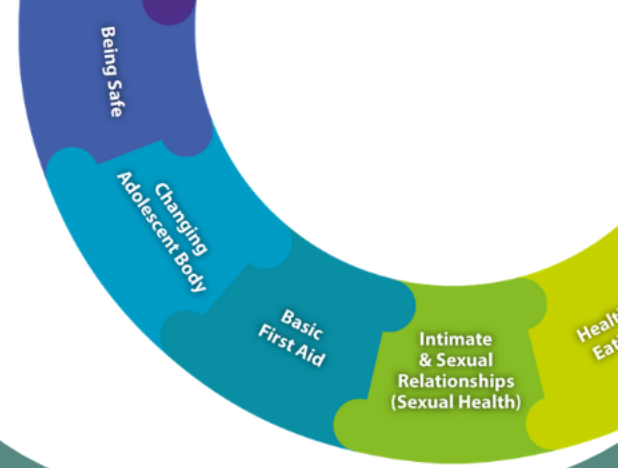


Do you think the perpetrator knows this is sexual harassment?

# IS THIS SEXUAL HARASSMENT?

What should the victim do and who could they speak to?

## SCENARIO 1



Chloe is determined to get good GCSE results. She wants to go to Uni and aspires to be a pharmacist. She tries to keep her head down in school, but this makes her a target for bullying. She's always told to stop being frigid and get a life.

One day, on the way home from school some of her classmates appear behind her and start shouting abuse.

Chloe starts to walk faster but they grab Chloe's bag and pull her back.

They hold Chloe to the wall; they lift her shirt and take pictures of her then go through her bag and dump her stuff out.

When Chloe starts to cry, they tell her she needs to lighten up and learn to take a joke - its only banter.

Chloe no longer walks home that way. She takes a longer route to avoid the group however when she sees them in school her heart pounds and she panics.



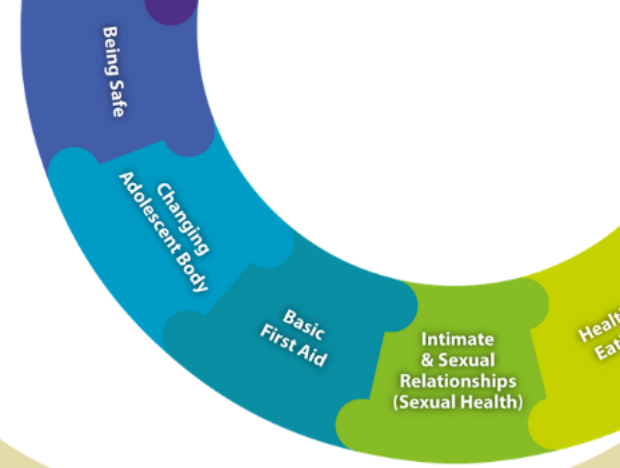
Do you think the perpetrator knows this is sexual harassment?

## IS THIS SEXUAL HARASSMENT?

What should the victim do and who could they speak to?

## SCENARIO 2

Ryan has received a pornographic video through WhatsApp from his classmate Will. Ryan really doesn't feel comfortable watching it, so he deletes it. Pretending to have watched it Ryan replies to Will: 'wow that was mental. She was well fit'. He's worried if he doesn't, Will might say he's 'gay' or 'soft' and his mates will have a dig at him too. He's seen it happen to other boys in their friendship group, it seems like everyone watches them and if you don't like it then there's something wrong with you. As they get older and get into relationships, the videos and pictures become more frequent and explicit. Some videos have girls they go to school with in them. Ryan hates the fact that the lads all laugh and compare their bodies, but he feels that he can't say anything, so he pretends to laugh along.



# IS THIS SEXUAL HARASSMENT?

Do you think the perpetrator knows this is sexual harassment?

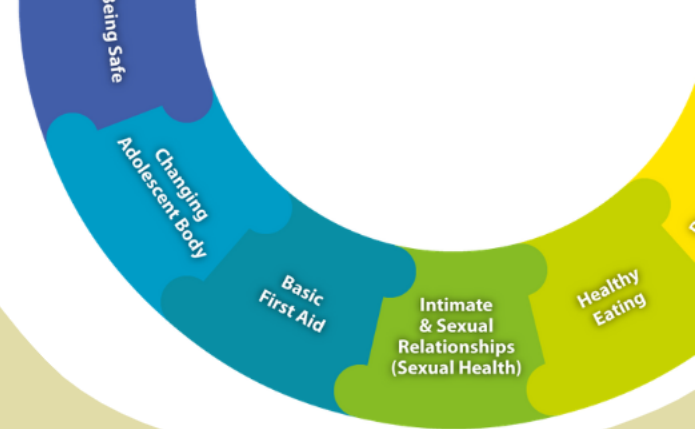
What should the victim do and who could they speak to?

## SCENARIO 3

Jamie has recently come out on social media as a gay man. He feels pride in his sexuality and his identity and didn't want to hide his true self any longer. However, this makes him a target for some of the males in his year, specifically in P.E.

Some boys have refused to get changed in the same room, accusing him of looking at them inappropriately. Others flash Jamie during changing time stating they that he fancies them. Two males have smacked Jamie's bum as he's been changing, and one even reached into Jamie's shorts and groped him.

Jamie has spoken with a trusted adult about this behaviour and was told that some of the boys might act this way because they feel uncomfortable while others want him to feel like 'one of the boys' still and assures him the behaviour will die down when they are used to Jamie's news.





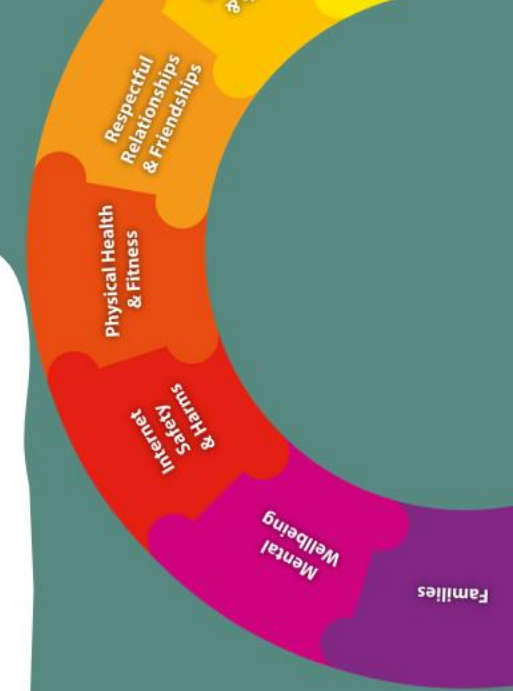
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# EXPLORING THE ISSUE OF SEXUAL HARASSMENT



# HELP AND SUPPORT

The pastoral team in school, a trusted adult, the school nurse, anyone you feel comfortable to talk to.

If you have any concerns that someone you know may be a victim of Child Sexual Exploitation report it to the Police by calling 101 or you can call Crimestoppers anonymously on 0800 555 111. In an emergency always dial 999

If you visit a spectrum clinic the nurses and doctors can also speak to you about unhealthy relationships and consent



## Spectrum Young Persons (U19) Clinic

Our service currently has three options:

**Tuesday 3-5pm** drop-in session at Leigh Health Centre  
(limited first-come basis)

**Wednesday 3-5pm** drop-in session at Boston House,  
Wigan (limited first-come basis)

Our service is **FREE** and **CONFIDENTIAL**, including:

- Emergency contraception
- Sexual health advice
- Pregnancy testing/support

### **Spectrum Clinic**

Leigh Health Centre, Entrance C, The Avenue, Leigh, WN7  
1HR.



@spectrumSHARP

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